



# 4-Year Setmelanotide Weight Outcomes in Patients With POMC and LEPR Deficiency Obesity

**Presenter: Dr James M. Swain**

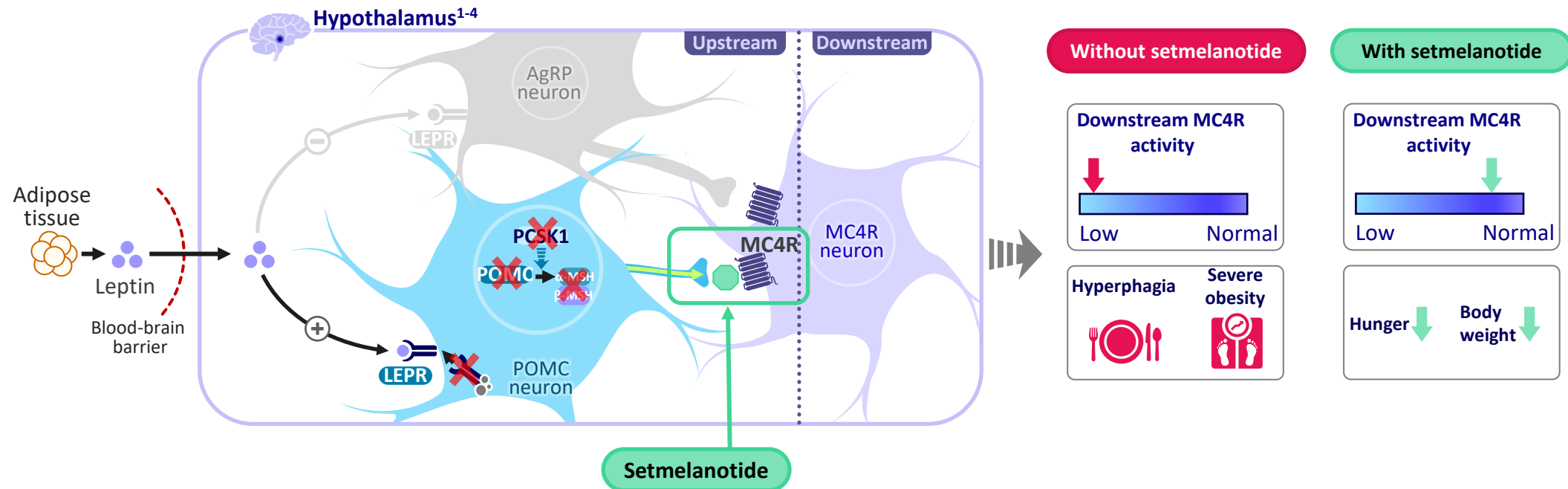
Wendy K. Chung,<sup>1</sup> James M. Swain,<sup>2</sup> Peter Kühnen,<sup>3</sup> Martin Wabitsch,<sup>4</sup> Erica van den Akker,<sup>5</sup> Jill Garrison,<sup>6</sup> Guojun Yuan,<sup>6</sup> Jesús Argente,<sup>7,8</sup> Karine Clément,<sup>9,10</sup> Sadaf Farooqi<sup>11</sup>

<sup>1</sup>Division of Molecular Genetics, Department of Pediatrics, Columbia University, New York, NY, USA; <sup>2</sup>Honor Health Research Institute, Scottsdale, AZ, USA; <sup>3</sup>Charité - Universitätsmedizin Berlin, Corporate Member of Freie Universität Berlin und Humboldt-Universität zu Berlin, Institute for Experimental Pediatric Endocrinology, Berlin, Germany; <sup>4</sup>Division of Pediatric Endocrinology and Diabetes, Department of Pediatrics and Adolescent Medicine, University of Ulm, Ulm, Germany; <sup>5</sup>Division of Pediatric Endocrinology, Department of Pediatrics, Sophia Children's Hospital and Obesity Center CGG, Erasmus University Medical Center, Rotterdam, The Netherlands; <sup>6</sup>Rhythm Pharmaceuticals, Inc., Boston, MA, USA; <sup>7</sup>Department of Pediatrics and Pediatric Endocrinology, Universidad Autónoma de Madrid, University Hospital Niño Jesús, CIBER "Fisiopatología de la obesidad y nutrición" (CIBEROBN), Instituto de Salud Carlos III, Madrid, Spain; <sup>8</sup>IMDEA Food Institute, Madrid, Spain; <sup>9</sup>Assistance Publique Hôpitaux de Paris, Nutrition Department, Pitié-Salpêtrière Hospital, Paris, France; <sup>10</sup>Sorbonne University, Inserm, Nutrition and Obesity, Systemic Approaches (NutriOmique) Research Group, Paris, France; <sup>11</sup>Wellcome-MRC Institute of Metabolic Science and NIHR Cambridge Biomedical Research Centre, University of Cambridge, Cambridge, UK

# POMC and LEPR Deficiency Are Rare Forms of MC4R Pathway–Associated Obesity



- Under physiologic conditions, the hypothalamic MC4R pathway regulates hunger, satiety, energy expenditure, and, consequently, body weight<sup>1-4</sup>
- Rare variants in key genes of the MC4R pathway are associated with hyperphagia and severe, early-onset obesity<sup>5,6</sup>
  - Biallelic variants in *POMC* and *PCSK1* lead to POMC deficiency; biallelic variants in *LEPR* lead to LEPR deficiency<sup>6</sup>
- The MC4R agonist setmelanotide is associated with reduced weight-related outcomes and hunger in patients with obesity due to POMC or LEPR deficiency<sup>7</sup>



AgRP, agouti-related peptide; LEPR, leptin receptor; MC4R, melanocortin-4 receptor; MSH, melanocyte-stimulating hormone; PCSK1, proprotein convertase subtilisin/kexin type 1; POMC, proopiomelanocortin.  
 1. da Fonseca et al. *J Diabetes Complications*. 2017;31:1549-1561. 2. Yazdi et al. *PeerJ*. 2015;3:e856. 3. Farooqi, O’Rahilly. *Nat Clin Pract Endocrinol Metab*. 2008;4:569-577. 4. Vaisse et al. *Cold Spring Harb Perspect Biol*. 2017;9:a028217. 5. Huvenne et al. *Obes Facts*. 2016;9:158-173. 6. Clément et al. *Physiol Behav*. 2020;227:113134. 7. Clément et al. *Lancet Diabetes Endocrinol*. 2020;8:960-970.

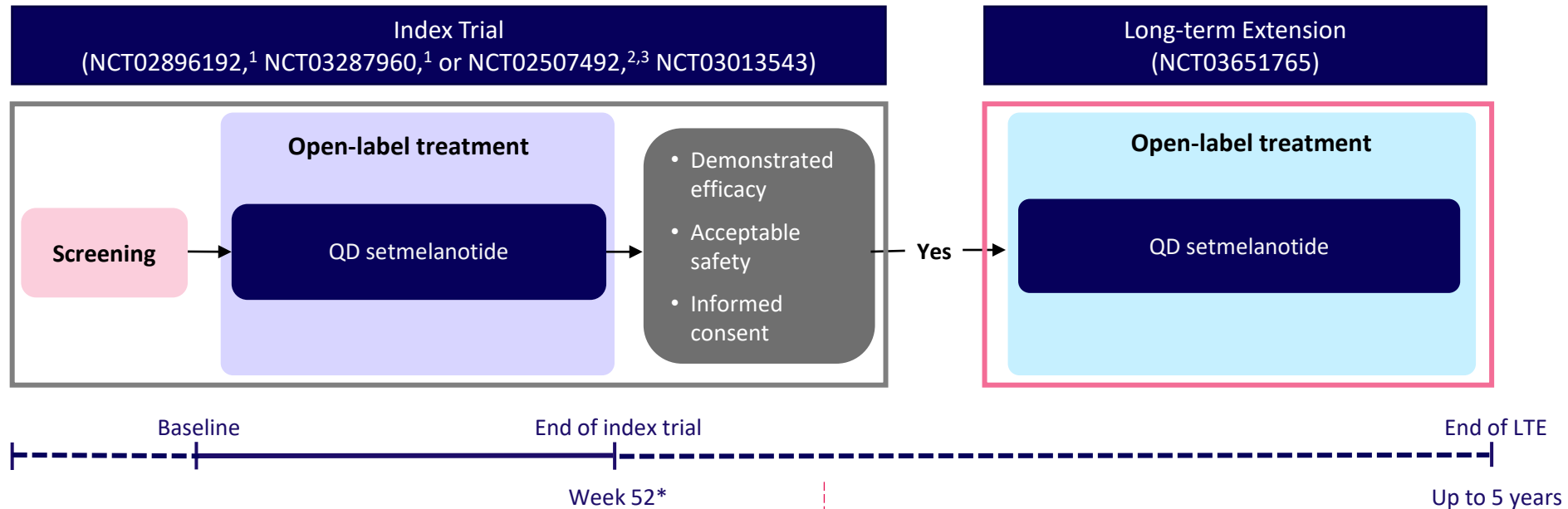
# Objective



**The objective of this analysis was to assess the long-term efficacy of setmelanotide therapy in patients with POMC and LEPR deficiency obesity who had a clinically meaningful weight response at the end of the initial 12 months of therapy and who had long-term, on-treatment outcomes at Year 4**

%BMI95, percent of the 95th BMI percentile; BMI, body mass index; LEPR, leptin receptor; POMC, proopiomelanocortin.

# Clinical Trials Overview



## Key inclusion criteria

- Obesity due to POMC, including PCSK1, or LEPR deficiency and ≥6 years of age

## Key exclusion criteria

- Recent diet, exercise, or gastric bypass surgery resulting in weight loss or stabilization
- Significant or concerning dermatologic findings (eg, melanoma or skin lesions)
- History of suicidal ideation or behavior
- Moderate-to-severe renal dysfunction

## Key inclusion criteria

- Completed a prior index trial in which the participant received setmelanotide and achieved clinically beneficial weight loss<sup>†</sup>

## Key exclusion criteria

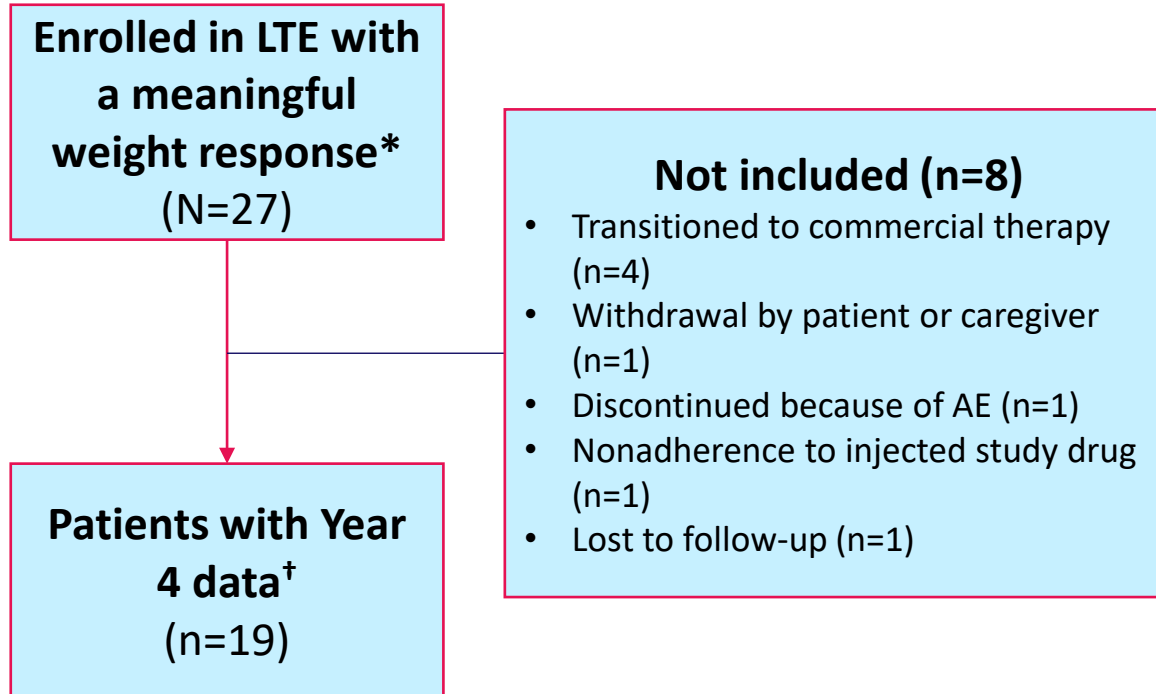
- Considered not suitable to participate in the opinion of the study investigator

BMI, body mass index; LEPR, leptin receptor; LTE, long-term extension; POMC, proopiomelanocortin; QD, once daily.

\*Not all patients received 52 weeks of setmelanotide treatment in their respective index trial; treatment duration reported in this analysis accurately reflects total exposure time. <sup>†</sup>Defined as ≥10% body weight reduction after 52 weeks in patients aged ≥18 years or ≥0.3 BMI Z score reduction after 52 weeks in patients aged <18 years.

1. Clément et al. *Lancet Diabetes Endocrinol.* 2020;8:960-970. 2. Kühnen et al. *N Engl J Med.* 2016;375:240-246. 3. Clément et al. *Nat Med.* 2018;24:551-555.

# Patient Disposition and Baseline Characteristics

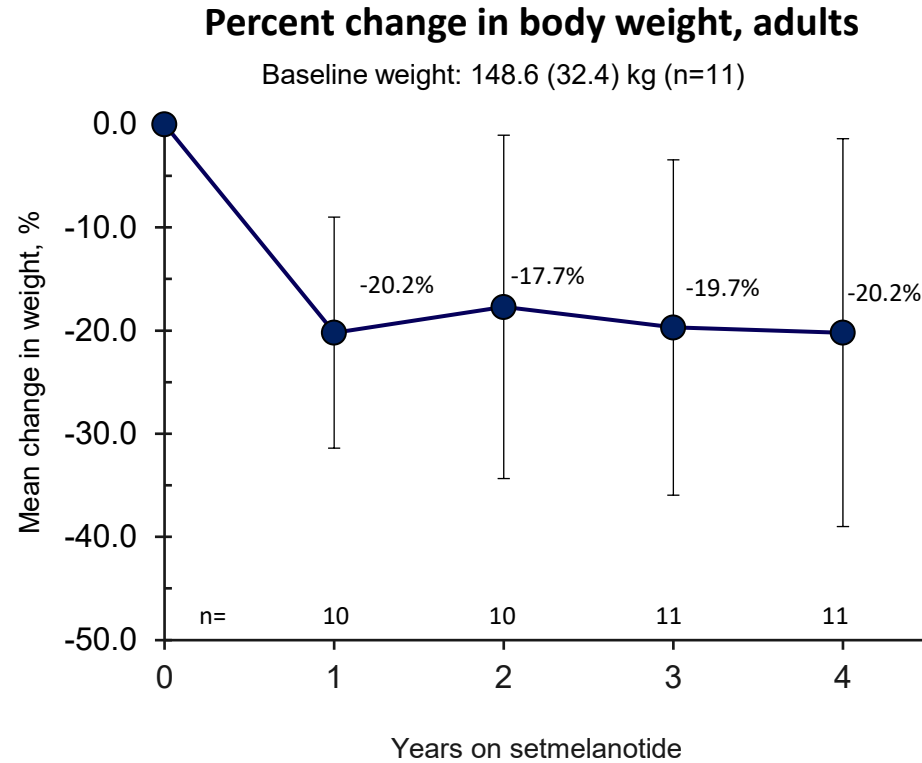


<b>Index trial baseline characteristics</b>	<b>Total (n=19)</b>
Age, mean (SD; range)	<b>20.2 (6.7; 10-36)</b>
Age range, n (%)	
≥18 years	<b>11 (57.9)</b>
<18 years	<b>8 (42.1)</b>
Sex, n (%)	
Male	<b>9 (47.4)</b>
Female	<b>10 (52.6)</b>
Race	
White	<b>13 (68.4)</b>
Other	<b>6 (31.6)</b>
Weight, mean (SD), kg	<b>133.4 (32.6)</b>
BMI, mean (SD), kg/m <sup>2</sup>	<b>45.8 (10.1)</b>
BMI Z score, mean (SD) <sup>‡</sup>	<b>3.2 (0.6)</b>
%BMI95, mean (SD) <sup>‡</sup>	<b>152.7 (16.0)</b>
Waist circumference, mean (SD), cm	<b>127.2 (19.1)</b>

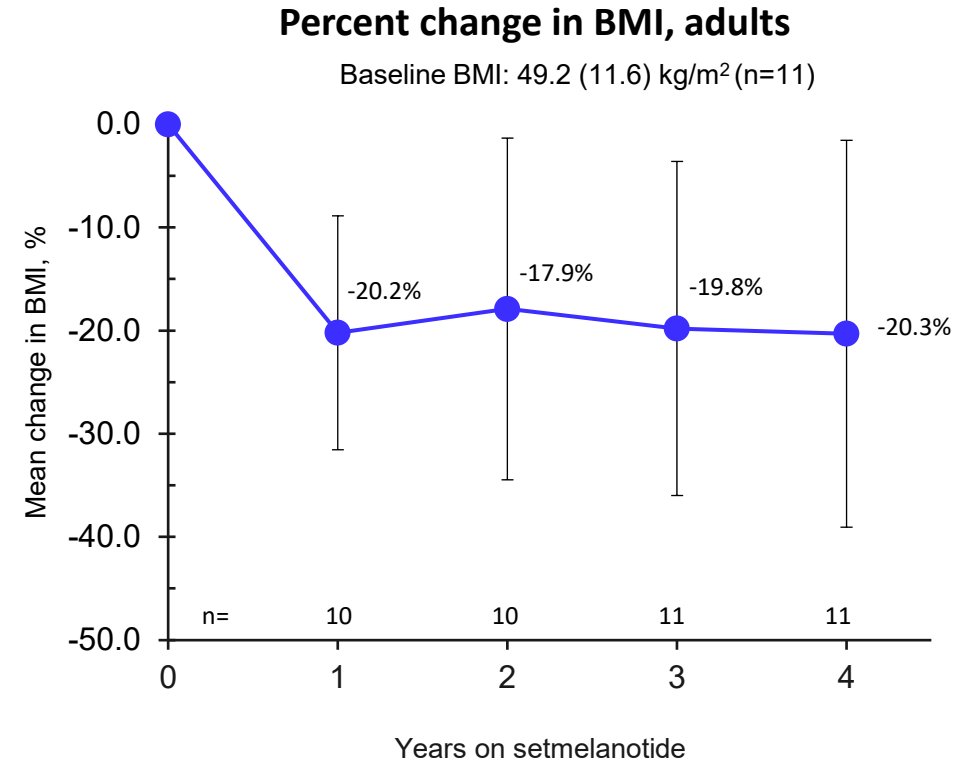
%BMI95, percent of the 95th BMI percentile; AE, adverse event; BMI, body mass index; LTE, long-term extension; SD, standard deviation.

Data cutoff: June 13, 2023. \*Meaningful response defined as ≥10% body weight reduction after 52 weeks in patients aged ≥18 years or ≥0.3 BMI Z score reduction after 52 weeks in patients aged <18 years. <sup>†</sup>Includes 3 patients falling outside the prespecified 4-year visit window (range, 3.5-3.7 years on treatment). <sup>‡</sup>Calculated on the basis of Centers for Disease Control and Prevention (CDC) 2022 methodology for children (aged <18 years) only (n=8).

# Sustained Improvements in Weight and BMI Across Adult Patients Over 4 Years



Year-4 range in percent weight change: **-49.0% to 8.0%**



Year-4 range in percent BMI change: **-49.0% to 6.8%**

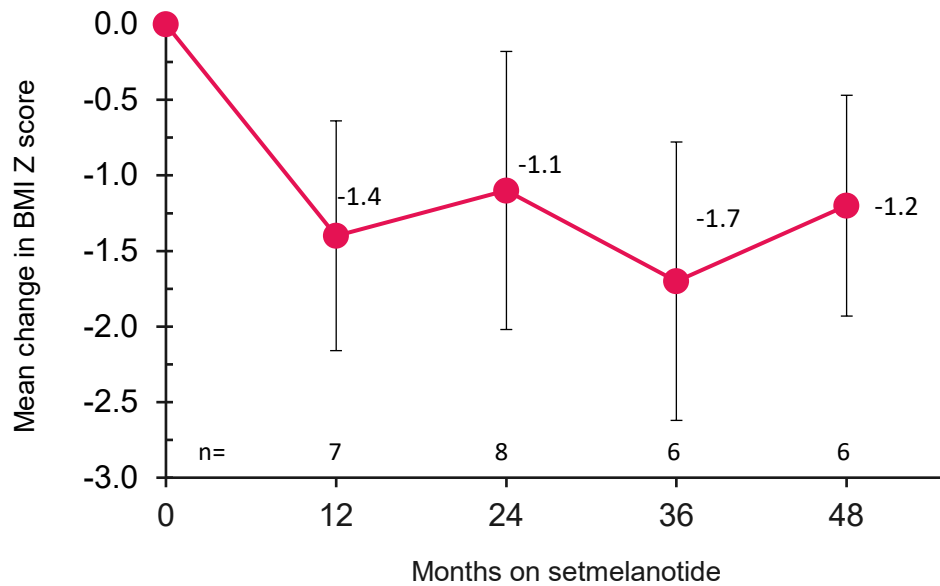
BMI, body mass index.  
Data cutoff: June 13, 2023. Error bars are the standard deviation.

# Age-Appropriate Weight Measures Were Reduced in Pediatric Patients Over 4 Years of Treatment



Change in BMI Z score, patients <18 years

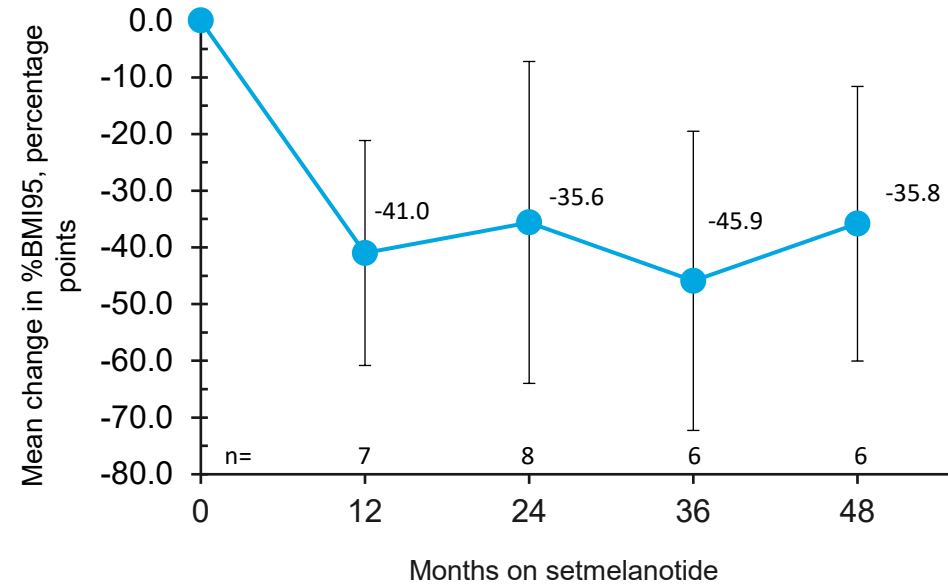
Baseline BMI Z score: 3.2 (0.57; n=8)



Year-4 range in BMI Z score change:  
**-2.1 to -0.2**

Change in %BMI95, patients <18 years

Baseline %BMI95: 152.7 (16.0; n=8)



Year-4 range in %BMI95 change:  
**-68.3 to -4.8**

%BMI95, percent of the 95th BMI percentile; BMI, body mass index.  
Data cutoff: June 13, 2023. Error bars are the standard deviation.

# The Safety Profile of Setmelanotide At Year 3 Was Consistent With Previous Studies of POMC or LEPR Deficiency Obesity



<b>AEs occurring during the index and LTE trials in the overall population</b>	<b>Patients, n (%) (N=24)*</b>
Any AE	<b>24 (100.0)</b>
Any treatment-related AE	<b>24 (100.0)</b>
Serious AEs	<b>11 (45.8)</b>
Serious treatment-related AEs	<b>0 (0.0)</b>
AEs leading to drug discontinuation	<b>1 (4.2)</b>
AEs reported in ≥25% of the population	
Injection site reactions <sup>†,‡</sup>	<b>23 (95.8)</b>
Other disorders <sup>†,§</sup>	<b>22 (91.7)</b>
Skin hyperpigmentation <sup>†,  </sup>	<b>22 (91.7)</b>
Nausea	<b>17 (70.8)</b>
Diarrhea	<b>12 (50.0)</b>
Mood disorders <sup>†,¶</sup>	<b>11 (45.8)</b>
Abdominal pain, upper	<b>8 (33.3)</b>
Abdominal pain	<b>7 (29.2)</b>
Vomiting	<b>7 (29.2)</b>
Gastroenteritis	<b>6 (25.0)</b>
Spontaneous penile erection <sup>#</sup>	<b>5 (33.3)</b>

AE, adverse event; LEPR, leptin receptor; LTE, long-term extension; POMC, proopiomelanocortin.

\*Data as of October 4, 2022; represents an earlier data cut of patients with ≥3 years of data at the time of analysis. †If a patient experienced >1 event with a given AE group, that patient is counted only once for that AE group. ‡Injection site reactions include injection site erythema, injection site edema, injection site pruritis, injection site induration, injection site pain, injection site bruising, and injection site reaction. §Other disorders include headache, upper respiratory tract infection, back pain, arthralgia, dry mouth, asthenia, fatigue, pain in extremity, alopecia, dizziness, pyrexia, vertigo, chills, dry skin, influenza, nasopharyngitis, and oropharyngeal pain. ||Skin hyperpigmentation includes skin hyperpigmentation and melanocytic nevus.

¶Mood disorders are depressed mood and suicidal ideation. Most mood disorder events were reported in patients with a history of psychiatric disease and were considered not or unlikely related to study drug. #Percentage of male patients (n=15).





## Summary and Conclusions

- Long-term treatment with setmelanotide demonstrated sustained weight-related efficacy in pediatric and adult patients with POMC or LEPR deficiency
- The safety profile of setmelanotide was consistent with previous studies
- The limitations of this study include lack of a control group and small sample sizes

---

These data support long-term use of setmelanotide in patients with obesity due to POMC and LEPR deficiency

LEPR, leptin receptor; POMC, proopiomelanocortin.